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Savinov V.A.

Complex hirudotherapy. A manual for the physician. - Moscow: Binom Publishers, 2019. - 512 p., ill.

The 1-st edition of the book "Complex hirudotherapy. The manual for physicians" (Moscow: Meditsina Publishers, 2008) has been highly estimated among specialists.

During the period from the 1-st edition of the book such new sections of this area of clinical medicine - hirudotherapy - as hirudovegetology, hirudocosmetology, antianemic hirudotherapy, hirudorevitalization have been established; autologous blood (blood from applied leech) therapy has been cardinally improved; off standard approaches have been indicated in treatment of heart and respiratory diseases. That is the reason of the 2-nd enlarged and revised edition of the book "Complex hirudotherapy. The manual for physicians", which substantiate application of medical leeches as an additional method to the standard medical treatment of patients with various diseases.

This book explains in complete detail methods of application of medical leeches, manual abdominal pressing (Old Slavonic visceral chiropractic manipulative therapy), vacuum and fasting and nutritional treatment, clay therapy, phytotherapy, apiotherapy, turpentine baths as described by Dr. Zalmanov and etc. Special focus will be on local immunity recovery methods.

This book is for wide audience of specialists working in both healthcare system and its related areas.

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